

Training Course
“Training of Trainers for Peace”
16-23 November 2023
near Bern, Switzerland

CALL FOR PARTICIPANTS

*for educators and trainers (also to-be trainers),
leaders, volunteers, and youth workers*



APPLY UNTIL 13.08.2023!

- ✓ Are you **interested** in non-formal learning?
- ✓ Are you willing to develop your **trainer and facilitation** skills?
- ✓ Do you want to learn more about how to provide **high-quality non-formal activities for peace** (workshops, webinars, workcamps, training courses...)?
- ✓ Do you prefer to be an **action-taker** rather than an observer?
- ✓ Do you agree that we all deserve **peaceful lives, with peaceful minds, nonviolent interactions, and without the horrors of war and conflict**?
- ✓ Have you ever wondered how we can **make this dream come true**, step by step?
- ✓ Would you be ready to become one of the brave **young changemakers** who make the world a better place?
- ✓ Are you ready to meet **amazing people from over 13 countries**, make new friendships and get inspired by their ideas and projects?
- ✓ And all this at **no cost, or just a small membership fee**?
- ✓ Can you make it to **Switzerland** for the period **16-23 November 2023**?
- ✓ Do you live in any of the following countries: **Albania, Bulgaria, France, Jordan, Kosovo, North Macedonia, Palestine, Poland, Serbia, Spain, Tunisia, Turkey, or Switzerland**?

If your answers are **"Yes, this is me!"**, then...

... we have an offer for you!! :-)

ABOUT US

Service Civil International is the oldest voluntary peace movement in the world. In 2020, we celebrated our 100th anniversary!

Our mission is to promote a culture of peace by organising international volunteering projects with local and global impact.

We are present in 40 countries on 5 continents, and we cooperate with partners in almost all countries of the world. Read more here: <https://sci.ngo/>.

SCI Switzerland is the Swiss branch of Service Civil International with a long-standing tradition. In fact, the founder of SCI, Pierre Cérésolle, was Swiss! Get to know us here: <http://scich.org/>.

During its 100 years of existence, SCI has accumulated lots of expertise in peace-building and community work, which has been recognised by a number of institutions, including UNESCO and the Council of Europe. And do you know that SCI was even nominated numerous times for the Nobel Peace Prize?!



PROJECT IN SHORT

With the **"Educators for Peace"** project, we are ready to share our expertise with you, support you in becoming an **educator and changemaker**, and **gaining competences essential for building a peaceful and nonviolent world**.

The project will last through 2023 and 2024 and aims at **inspiring and training educators and changemakers who are willing to deliver high-quality educational events for peace and become multipliers and messengers of peace, while creating a chain of follow-up actions for promoting and living peace.** It consists of several steps:

1. **International training course “Training of Trainers for Peace”** in November 2023 in Köniz near Bern, Switzerland.
2. **International training course “Peace Education Market”** in April 2024 in Köniz near Bern, Switzerland.
3. **Local actions for peace** organised by the training participants (December 2023-September 2024).

Read more about our project [here](#).

OUR TRAINING COURSE

As a first step, thanks to the financial support of Movetia Swiss National Agency, we are ready to invite **28 participants (2 per country and 4 participants from the host SCI Switzerland)** to join a one-week training course **“Training of Trainers for Peace”**.

The main focus of the training will be on **how to plan, design, and deliver high-quality educational activities in offline and online settings.**

During the training you will:

- deepen your knowledge and understanding of the concept of learning, how it happens, and how you can support the learning processes,
- develop your facilitation skills in offline and online settings,
- learn how to live peace and act for peace through small-scale actions that can be done even without big resources,
- get equipped with various training tools and methods you can later use in your work and everyday life,
- be offered space for the safe exchange of good practices, of inspiration, of sharing resources and ideas,
- plan a follow-up action to take place in your local community upon the course completion.

Key programme elements: lifelong learning, standards for quality in learning, experiential learning cycle, learning zones, group dynamics, blended learning, (online) facilitation techniques; digital tools; follow-up planning; reflection, and evaluation.

The detailed programme can be found on the next page.

All in all, we offer you not only **an excellent learning opportunity** that will support you to increase the quality of the work you and your organisation are doing in connection to peace and peace education, but also a **unique networking experience** with fellow-minded people from across Europe and the Middle East.

We believe that the training course will increase your facilitation skills, peace-related knowledge, self-confidence, make your education work more efficient, and help you have a greater impact on your surrounding community and reality!

Preliminary programme of the Training of Trainers for Peace
by Service Civil International
16-23.11.2023, Switzerland

DAY	1 – Thu, 16.11	2 – Fri, 17.11	3 – Sat, 18.11	4 – Sun, 19.11	5 – Mon, 20.11	6 – Tue, 21.11	7 – Wed, 22.11	
08:00-9:00	Final arrivals and a walk in the neighbourhood	Breakfast at 8:00						
9:00-10:30		Reflections after the online SCI Peace Education in Practice course	The magic within the training: the methodology	What to look for in groups?	Facilitation techniques	How and where to develop our competences?	Networking and partnership building	
10:30-11:00		Break						
11:00-12:30		How does the human brain learn? Quality learning	Methods that bring impact	Group dynamics and learning zones	Successful online facilitation	Ideas laboratory: How to make a difference?	From theory to practice: planning local follow-up actions	
12:30-14:30	Lunch at 13:00							
14:30-16:00	14:00 - Opening of the training, orientation	From needs to aims: constructing educational activity	Digital tools – testing time	Time for a hike! - Free time	Dealing with challenging situations	Open Space	Feedback session on the follow-up actions	
16:00-16:30	Break							
16:30-17:30	Getting-to-know the group and the programme	Kolb learning cycle; holistic approach to programme flow	Digital tools (continued)	Free time (continued)	How to evaluate and measure impact?	Open Space	Evaluation of the TC Next steps Closing of the TC Certificate awarding ceremony	
17:30-18:00	Project concept Group agreement		Reflection groups		Reflection groups			
18:00-20:30	Dinner at 18:30							
20:00-∞	Welcome evening	Games? Games. Games!	Chit-chat night	Free evening	Free evening	'Looking to the future' evening	Final Party	

Arrivals are foreseen for **Wednesday, 15.11.2023 (afternoon) or Thursday, 16.11.2023 (until 2 p.m.)**, depending on the travel schedule of participants.
Departures from the training venue are foreseen for **Thursday, 23.11.2023, after noon** (once the obligatory venue cleaning is completed).

FOR WHOM?

The project is intended for the **following types of participants**:

- **activists, enthusiasts, volunteers** willing to become trainers and educators;
- **youth workers** with a strong interest in peace topics and its appliance in their work with youngsters.

We invite participants both with (some) experience of working in the youth field, and those who are also newcomers, activists, and enthusiasts. What is the most important for us is your willingness to become educators and actors of change - multipliers in your local communities, and persons promoting and willing to live peace in your everyday routine (on a personal and professional level).



All participants are expected to commit and actively participate in the **preparation, implementation, and follow-up** of the training as well as to **participate for the whole duration of the event**.

There are a few formal requirements you need to satisfy to join the training course:

1. You need to be a resident of one of the following countries: **Albania, Bulgaria, France, Jordan, Kosovo, North Macedonia, Palestine, Poland, Serbia, Spain, Tunisia, Turkey, or Switzerland**.
2. You should be able to **communicate in English**.
3. You must be minimum of **18 years of age**.
4. You need to **attend the whole course duration** (there is no possibility to make exceptions).
5. You commit yourself to organise a **follow-up action for peace** in your local community / country upon the course completion (these can be e.g. a workshop on peace, street action, online campaign, presentation, screening, peace caravan, discussion, workcamp, etc.)

We explicitly encourage participants of all genders, sexual orientations, abilities, and ethnic backgrounds to apply! We are very open to persons with fewer opportunities (facing social, economical, or cultural challenges and obstacles) who would like to take a more active role in your organisations!

WHEN?

The training course will last 7 days. Arrival at the training venue is foreseen on **Thursday, 16th November 2023 before 2 p.m.** Departure is on **Thursday, 23rd November 2023**, after breakfast and cleaning.

WHERE?

The training course will take place in Köniz – a small town in the agglomeration of Bern, the capital city of Switzerland. Most of Köniz residents are German speakers.



Our venue will be [Weiermattheim](#), a scout centre designed for groups who want to have a creative space for work and rest, less than 30 minutes travel from the Bern train station.

[Weiermattheim website](#)

[Location of Weiermattheim on Google Maps](#)

The living conditions will be simple, more of a workcamp style!

As our venue is a scout house, you will sleep in 4 rooms (7-8 people each) and you need to bring your own sleeping bag/blanket and bed linen.

But changemakers don't sleep in 4-star hotels, do they? ;-)

Still, prepare to have limited privacy during these 7 days and **do not apply if you feel uneasy about this simplicity of living.**

During the course, you will be provided with 3 meals per day and 2 coffee/tea breaks, thanks to the SCI Switzerland cooking team.

On the free afternoon, you might want to visit Bern (see picture).



SUSTAINABILITY

Sustainable food: The food we provide will be **vegan** with healthy and nutritious meals.

This is not just a practical decision, but also an ideological one: SCI believes in the values of sustainability and climate justice – and if we want to contribute to a more peaceful planet, we need to give up on animal agriculture and its destructive effects on our planet.

Sustainable travels: We encourage you to use environmentally friendly transport (bus, train, car sharing) when possible.

FINANCIAL CONDITIONS

This project is financially supported by [Movetia](#).

movetia

Austausch und Mobilität
Echanges et mobilité
Scambi e mobilità
Exchange and mobility

Movetia promotes exchange, mobility and cooperation within the fields of education, training and youth work – in Switzerland, Europe and worldwide.

Thanks to Movetia, we will cover 100% your food, accommodation and insurance, as well as all organisational costs (training materials, etc.) up to the lump sum limit.

Reimbursement of the travel and visa costs will be 100% up to the lump sum limit after the **receipt of all original documents.**

Maximum travel and visa reimbursement amounts: 50 CHF for participants from Switzerland, 500 CHF for participants from Jordan, Palestine, Turkey, and Tunisia, and 400 CHF for participants from the remaining countries.

NB. We run this project in a partnership between [SCI Switzerland](#), [PVN Albania](#), [CVS Bulgaria](#), [SCI Catalunya](#), [SCI France](#), [SSD Jordan](#), [GAIA Kosovo](#), [CID North Macedonia](#), [AlshMoh Cultural Center Palestine](#), [SCI Poland](#), [Group “COME OUT” Serbia](#), [Association Volontariat Sans Frontière Tunisia](#), and [Youth and Change Association Turkey](#).

Some of the partners may ask for a small sending fee to cover their placement costs. Please check with the relevant organisation.

Even though this is not a “getting to know Switzerland” project, you can still decide to stay in Switzerland a few days before or after at your private expense, as long as the travel cost to Switzerland is not higher than the cost which you would bear if coming only for course duration – otherwise you will be asked to cover the difference in the ticket price.

METHODS

Our working methods used will base on the principles of adult learning, creating a stress-free and motivating environment where the human brain has a full capacity to learn. You will often work in smaller groups in order to achieve best results. All the methods will encourage active participation, creativity, initiative, and responsibility for one's own learning process.

Our training courses are also very colourful, with many visuals used in the learning process. We include the proof! :)



TRAINERS

We are happy to announce that the training course will be facilitated by 2 experienced trainers, founding members of the SCI Pool of Trainers and Facilitators, and – at the same time – peace practitioners: Natalie Jivkova and Goška Tur.



Natalie Jivkova, Bulgaria

Inspired by and passionate about non-formal learning, Natalie supports the learning processes and personal development of youngsters and adults.

She is continuously learning how to bring and practice peace at all levels.

She has been involved in SCI on a local and international level since 2002 and has co-developed the [Peace Education in Practice](#) online learning course.



Gośka Tur, Poland

Gośka is a sociologist, trainer and educator, certified member of the Polish Association of NGO Trainers and owner of Pracownia Interakcji training company. She has been active in the training field for over 20 years and led numerous national and international training courses on peace issues, including NVC training, as well as courses for educators.

Between 2015 and 2020, Gośka was the International President of SCI.

Natalie and Gośka are proud mothers of the [Peace in Practice](#) and [Peace for Change, Change for Peace](#) projects and co-creators of the [SCI Peace Cards](#).

CERTIFICATES

You will be awarded a training completion certificate, issued by Service Civil International.

HOW TO APPLY?

If you find yourself a suitable candidate for the course, please fill in the application form at https://bit.ly/ToT_for_Peace by 13.08.2023, 23:59 CEST.

You will be notified of the selection results by 27.08.2023.

All those accepted will receive a detailed infosheet (incl. info on how to get to the venue, how to book your travel, more info about the agenda of the project).

If some places remain available after 27.08.2023, we will continue accepting applications until the free slots get filled in.

QUESTIONS?

If you have any questions regarding the project and your application, don't hesitate to contact us at peace.practice@scich.org.

We are looking forward to your application! See you hopefully in Köniz! :-)

The coordinating team

Gośka, Loretta, and Natalie